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Camp Pennbrook

2019 SEASON

Dear Parents & Prospective Campers

Thank you for your interest in Camp Pennbrook. This will be our 37th year directing camps, and are situated at the prestigious George School in Newtown, PA. Here, our campers will be assured of a great summer at a state of the art boarding school, while losing weight and improving their self esteem. It is our pleasure to enclose our brochure and other exciting information about our camp.

We have been directing weight loss camps since 1978. Most of our key staff head counselors, group leaders, and specialists have been with our camp family for many years. Both parents and campers enjoy the many advantages of an all girls camp, and are very comfortable with our supportive environment in a secluded setting.

We operate only one location, which is close to New York, New Jersey, Pennsylvania, Maryland, D.C. and Virginia. Our emphasis is always on fun in a non-competitive atmosphere. Every camper has the opportunity to participate in all of our activities, regardless of her level of skill. Campers even have a free period each day to choose whichever activities they like.

Our campus is extremely safe and secure with 24 hour security. We focus on fun activities, team building, boosting self esteem, and introducing your daughter to realistic activities that she will continue participating in when returning home.

We are more than just a weight loss cap. Our special events, evening activities and trips are better than any other camp. In 2019 we will be attending some of Broadway's hottest shows such as "Tootsie", "The Prom", and "Be More Chill" along with this summer's top concerts including Arianna Grande. In 2018 we attended Broadway shows such as "Mean Girls" and "Frozen" and some great concerts including Charlie Puth, Taylor Swift and Sam Smith.

Campers receive three meals and two snacks daily, and take advantage of our unique rap sessions and one on one nutrition sessions. They even get to design their own menus to take home. We take the time to get to know all of our campers personally. We encourage and motivate our campers during the summer, and after camp our counselors call the girls on a regular basis.

Enrollment at Camp Pennbrook is limited. We have spent many years helping children to lose weight and keep it off. It can happen for you. Call us at the above phone numbers to get in on the action, or you may enroll by fax (212 354-6258) or Email. Unlike most other camps your \$500 deposit is refundable in full up until May 15th.

There are no cancellation or "processing fees" or "medical deposits" which are difficult to have returned.

We look forward to hearing from you and having the pleasure of your company this summer.

Sincerely yours,


Flip Shulman
Executive Director


Associate Director

P.S. Call now to request our free video!

P.P.S. P.P.S. Open House dates April 21st and May 19th.