

Camp Pennbrook JULY Newsletter

July 2020



Camp Pennbrook 2021 Dates:

We are already excited for the summer of 2021, which will be here before you know it. Our Opening Day will be **Saturday June 19**, and the last day is **Saturday August 7th**. Campers who register early will get special Early bird pricing from the summer of 2019! In addition, they receive one free non-premium trip. You can submit a \$500 deposit prior to September 30th which is fully refundable until June 1, 2021. You can choose your exact dates and length of stay later in the year.

Stay Connected This Summer! Zoom Classes with our Specialists

Our key specialists will be offering online and zoom classes so that everyone can stay in touch and participate. Please email our specialists below and they will give you details how to join their classes.

AEROBICS WITH SAVANNA-- Savanna is our most popular instructor and has been with us for 4 summers. She is offering cardio classes in conjunction with her gym, Optimal Fitness. Please email Savanna for details. savannabarris@gmail.com

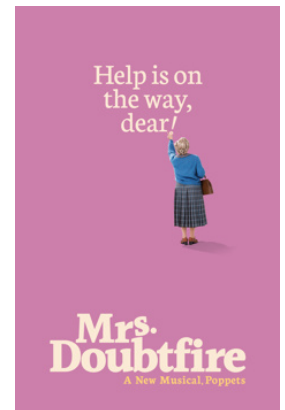
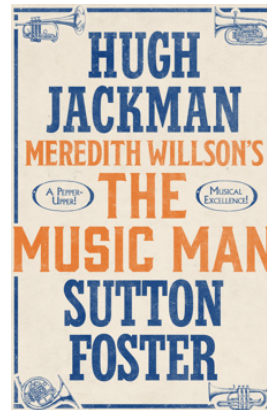
ZUMBA WITH ATRICE-- This is Atrice's 3rd summer teaching Zumba at Camp Pennbrook. She is also offering classes in conjunction with Optimal Fitness. Please email Atrice for further information.
iratrice@yahoo.com

DRAMA WITH KRISTEN- Kristen has been with the Camp Pennbrook family for four summers. She is delighted to offer drama and improv classes to interested campers. She would also like suggestions for planning next year's big show. You can email Kristen at jazzykristen@gmail.com

RAP CLASSES/NUTRITIONAL COUNSELING WITH LISA- Lisa Scheerer is our head dietitian. In addition to overseeing our food program and planning our menus and recipes, Lisa runs our weekly rap classes at camp and offers one on one nutritional counseling and CBT sessions. You can call or email Lisa to make arrangements for these sessions. Lisa has her own practice and in most cases, the sessions are covered by your insurance. Please contact Lisa at lsmscheerer@gmail.com or call her at 917 428 0544

Exciting Trips

Believe it or not we already have booked a number of our major trips for the summer of 2021. We have obtained a limited number of tickets to **"The Music Man" starring Hugh Jackman and Sutton Foster**. This classic show will be the highlight of the summer and tickets will be limited. Sign up today and guarantee a ticket for the hottest ticket in town. We will also be seeing **"Mrs. Doubtfire"** on Broadway, along with our popular trips to Dorney Park, Six Flags, and shopping in New York City!



Fall/Winter Events

Stay tuned for details on our off-season events which include our Camp Reunions in New York City, ski outings and much more.

