



CAMP PENNBROOK

April 2023



A Note from Our Director

Spring has officially arrived, the flowers are starting to bloom and before you know it, camp will be here! Enclosed you will find updated information for summer 2023: key dates, trips, staff, activities, and more.

We know how difficult the school year can feel and we are hoping for 2023 to be our best summer yet. We are so excited to welcome you back to our home at Delaware Valley University. We, of course, are bringing back your favorites, but we are hoping to get your input on new activities or meals you might want to see this summer, because it is all about YOU.

Camp Pennbrook is eager to provide you with a fun, healthy summer to provide you with tools you need to continue making lifestyle changes at home.

See you soon!

Flip, Brooke, and Amanda

LATEST NEWS

**CAMP LOCATION:
DELAWARE VALLEY
UNIVERSITY**

**STAFF INFORMATION:
RETURNING & NEW**

**OPEN HOUSES:
APRIL 16, 2023
MAY 21, 2023**

**OPENING DAY:
SATURDAY JUNE 17, 2023**

**CONTACT US
(800) 442-7737
CAMPPENNBROOK@ATT.NET**

**VISIT US AT:
WWW.CAMPPENNBROOK.COM**

A look into our campus location!

For summer 2023, we are returning to our home location at **Delaware Valley University!**

DVU is located in Doylestown, PA which is only a short ride from our previous location so all of the key staff will remain the same.

Some of the highlights and upgrades for this year include:

- Air Conditioned Dorms
- Spacious Fields
- 2 Indoor Gyms
- Several Theaters & Multipurpose Rooms



RETURNING STAFF

We are a family here at Camp Pennbrook and are pleased to have staff that return year after year. Many staff members are "home grown," starting at camp from when they were 12 or 13 years old. Don't worry, many of our key specialists are back for 2023 as well!

Head Staff:

Brooke Rainville, 10th year

Amanda Morach, 4th year

Counselors/Specialists:

Krysta Werschitz, 2nd year

Kaitlynn Gorney, 4th year

Melissa Garcia, 4th year

Cristina Barragan, 3rd year



Camp "Mom": Dawn Ormes, 24th year

Arts & Crafts: Cheryl Wilks, 24th year

Tennis Instructor: Jordan Stoner, 2nd year

Cardio Instructor: Savanna Barris, 6th year

Cardio Instructors: Rachel and Raquel, 2nd year

Cardio Instructor: Amanda Cucinotti, 4th year

Zumba Instructor: Atrice Moore, 6th year

Sports Director/Personal Trainer: Steve Henessey, 3rd year

Interested in joining our staff?

Visit our website at:

<https://campennbrook.com/employment/>



2023 TRIPS



SUMMER HIGHLIGHTS

- GAME SHOW MAN
- TALENT SHOW
- MOVIE NIGHTS
- KARAOKE/DANCE PARTY
- SUNDAY NIGHT BBQ
- WHITEWATER RAFTING
- SUPERMARKET TRIP
- DAY AT THE BEACH
- CAMPFIRE NIGHT
- MAGIC SHOW



**NEW APPAREL COMING
TO THE CAMP STORE
THIS SUMMER!**

SPECIAL SERVICES

While our program includes many sports and activities, over the years parents have requested some "special services" which are not included in the general camp program. These services are offered over and above the regular camp program and you are under no obligation to sign up for them, as they are offered due to popular demand. Call for more information!

Tutoring

If your camper needs to make up a class or take an enrichment course, we provide private tutoring by accredited teachers. All you need to provide is the textbooks, study aids and lesson plans and we will take care of the rest. We can call your daughter's teacher or guidance counselor to discuss the requirements as well as the number of hours required. Internet access provided.



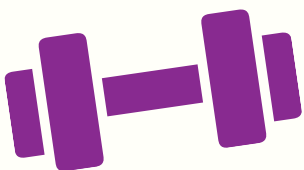
Private Tennis Lessons

All campers are scheduled for regular group tennis during the week and can also play during the free choice period every day. Our head instructor, Patrick, also offers private and semi-private lessons for those who are either beginners or would like to bring their game to the next level.



Personal Training with Steve

In addition to sports, Steve will be running our Personal Training program this year. Your daughter can register for private or semi-private lessons.



LET'S GET SOCIAL



@CAMPPENNBROOK



WWW.FACEBOOK.COM/
CAMPPENNBROOK



WWW.YOUTUBE.COM
"CAMP PENNBROOK"

OPEN HOUSE

April 16th & May 21st | 12PM-4PM

New and old campers are invited to visit and tour the new campus. You will also have the chance to meet many of our key staff and new campers can participate in an ice breaking activity where they will meet other girls their age.

Please call to RSVP today.

NEW COUNSELING SESSIONS

We are delighted that both our RDN Stephanie Telerico and Amanda Morach, our Assistant Director will be offering counseling sessions covering all relevant teenage issues this summer.

Stephanie received her M.S. in Human Nutrition and Dietetics from Drexel University and has developed a nutrition curriculum for our campers complete with nutritional assessments and ongoing evaluations.

Amanda has been doing clinical work with children in community-based behavioral health settings and is getting her Masters of Social work degree from Boston College. They will meet with each group on a weekly basis and be available for optional private sessions. Call for details

